

Major depression

CIDI-SF 12 month DSM-IV version, section A: Major depressive episode

"In the following I will present a series of questions about your mood during recent times."

A1. During the past 12 months, was there ever a time when you felt sad, blue, or depressed for two weeks or more in a row?

1. Yes
5. No - **GO TO A 9**
6. (If volunteered) I was on medication/anti-depressants

A1a. For the next few questions, please think of the two-week period during the past 12 months when these feelings were worst. During that time did the feelings of being sad, blue, or depressed usually last all day long, most of the day, about half the day or less than half the day?

1. All day long
2. Most
3. About half - **GO TO A 9**
4. Less than half - **GO TO A 9**

A1b. During those two weeks, did you feel this way every day, almost every day or less often?

1. Every day
2. Almost every day
3. Less often - **GO TO A 9**

A1c. During those two weeks did you lose interest in most things like hobbies, work, or activities that usually give you pleasure?

1. Yes
5. No

A1d. Thinking about those same two weeks, did you feel more tired out or low on energy than is usual for you?

1. Yes
5. No

A2. Did you gain or lose weight without trying, or did you stay about the same?

Interviewer: If R asks "Are we still talking about the same two weeks?" Answer "Yes".

1. Gain
2. Lose
3. (If volunteered) Both gained and lost weight
4. Stay about the same - **GO TO A3**
5. (If volunteered) Was on diet - **GO TO A3**

A2a. About how much did you gain/you lose/your weight change?

Interviewer: Accept a range response

_____ Kilograms

A2b. Interviewer: Did R's weight change by 5 kilograms or more?

1. Yes
5. No

A3. Did you have more trouble falling asleep than you usually do during those two weeks?

1. Yes
5. No - **GO TO A4**

A3a. Did that happen every night, nearly every night, or less often during those two weeks?

1. Every night
2. Nearly every night
3. Less often

A4. During those two weeks, did you have a lot more trouble concentrating than usual?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A5. People sometimes feel down on themselves, no good or worthless. During that two-week period, did you feel this way?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A6. Did you think a lot about death – either your own, someone else's, or death in general during those two weeks?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A7. INTERVIEWER CHECKPOINT: COUNT "YES" RESPONSES IN A1c-A6, QUALIFYING RESPONSE: A1c=1, A1d=1, A2=1, A3a=1 or 2, A4=1, A5=1, and A6=1

1. IF 0 QUALIFYING RESPONSES - **EXIT, GO TO B1 (IN SECTION 2)**
2. IF 1 OR MORE QUALIFYING RESPONSES - **GO TO A8**

A8. To review, you had two weeks in a row during the past 12 months when you were sad, blue, or depressed and also had some other feelings or problems like (READ UP TO FIRST THREE "YES" RESPONSES TO A1c. – A6).

About how many weeks altogether did you feel this way during the past 12 months?

_____ # of weeks or

52. (If volunteered) entire year - **GO TO A8b**

A8a. Think about this most recent time when you had two weeks in a row when you felt this way. How long ago was that?

_____ Months in the past

A8b. Did you tell a doctor about these problems? (By doctor I mean either a medical doctor or osteopath, or a student in training to be either a medical doctor or osteopath.)

1. Yes
5. No

A8c. Did you tell any other professional (such as psychologist, social worker, counsellor, nurse, clergy, or other helping professional)?

1. Yes
5. No

A8d. Did you take medication or use drugs or alcohol more than once for these problems?

1. Yes
5. No

A8e. How much did these problems interfere with your life or activities – a lot, some, a little, or not at all.

1. A lot
2. Some
3. A little
4. Not at all

A9. During the past 12 months, was there ever a time lasting two weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?

1. Yes
5. No - **GO TO B1**
6. (If volunteered) I was on medication/anti-depressants

A9a. For the next few questions, please think of the two-week period the past 12 months when you had the most complete loss of interest in things. During that two-week period, did the loss of interest usually last all day long, most of the day, about half of the day, or less than half the day?

1. All day long
2. Most
3. About half - **GO TO B1**
4. Less than half - **GO TO B1**

A9b. Did you feel this way every day, almost every day, or less often during the two weeks?

1. Every day
2. Almost every day
3. Less often - **GO TO B1**

A9c. During those two weeks, did you feel tired out or low on energy than is more usual for you?

1. Yes
5. No

A10. Did you gain or lose weight without trying, or did you stay about the same?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Gain
2. Lose
3. (If volunteered) Both gained and lost weight
4. Stay about the same - **GO TO A11**
5. (If volunteered) Was on diet - **GO TO A11**

A10a. About how much did you gain/you lose/your weight change

Interviewer: Accept a range response

_____ Kilograms

A10b. Interviewer: Did R's weight change by 5 kilograms or more?

1. Yes
5. No

A11. Did you have more trouble falling asleep than you usually do during those two weeks?

1. Yes
5. No - **GO TO A12**

A11a. Did that happen every night, nearly every night, or less often during those two weeks?

1. Every night
2. Nearly every night
3. Less often

A12. During those two weeks, did you have a lot more trouble concentrating than usual?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A13. People sometimes feel down on themselves, no good, or worthless. Did you feel this way during that two-week period?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A14. Did you think a lot about death – either your own, someone else's, or death in general during those two weeks?

Interviewer: If R asks: "Are we still talking about the same two weeks?" Answer: "Yes"

1. Yes
5. No

A15. INTERVIEWER CHECKPOINT: (COUNT "YES" RESPONSES IN A9c-A14"

1. IF 0 "YES" RESPONSES ON A9c, A12, A13, A14, AND SAID NO OR GAINED OR LOST LESS THAN 5 KILOS, IN A10a, AND SAID NO OR SAID "LESS OFTEN" TO A11 - **GO TO B1**
2. IF 1 OR MORE "YES" RESPONSES IN A9c, A10b, A12, A13, A14, OR 1 OR 2 IN A11 - **GO TO A16**

A16. To review, you had two weeks in a row during the past 12 months when you were sad, blue, or depressed and also had some other feelings or problems like (READ UP TO FIRST 3 "YES" RESPONSES TO A9c. – A14).

About how many weeks altogether did you feel this way during the past 12 months?

_____ # of weeks or

52. (If volunteered) Entire year - **GO TO A16b**

A16a. Think about this most recent time when you had two weeks in a row when you felt this way. How long ago was that?

_____ # of months in the past

A16b. Did you tell a doctor about these problems? (By doctor I mean either a medical doctor or osteopath, or a student in training to be either a medical doctor or osteopath.)

1. Yes

5. No

A16c. Did you tell any other professional (such as psychologist, social worker, counsellor, nurse, clergy, or other helping professional)?

1. Yes

5. No

A16d. Did you take medication or use drugs or alcohol more than once for these problems?

1. Yes

5. No

A16e. How much did these problems interfere with your life or activities – a lot, some, a little, or not at all.

1. A lot

2. Some

3. A little

4. Not at all