



Minutes of the fourth meeting of the MINDFUL project 18-19 November 2005 in Vienna, Austria

On Friday 18th of November between 13:00–17:30 hours at
the Ludwig Boltzmann Institute (Address: Operngasse 5/6).

On Saturday, 19th of November between 9:30–16:00 hours
in the Department of Psychiatry, Medical University of Vienna,
(Address: Währinger Gürtel 18-20).

Present:

Ulla Katila-Nurkka
Juha Lavikainen
Ville Lehtinen
Antti Tuomi-Nikula
Kristian Wahlbeck
Agustin Ozamiz

Eva Jane-Llopis
Sjoerd van Alst
Kurt Angerer
Heinz Katschnig
Evelyn Obernosterer
Tanja Kamin

Terry Brugha
Tom Fryers
Viviane Kovess

Apologies:
Jürgen Schefflein

Heinz Katschnig welcomed the participants, went through the schedules, and gave a brief introduction of the Ludwig Boltzmann Institute, after which Kristian Wahlbeck opened the actual meeting.

The preliminary agenda was changed such that the sections 4 (partnership project status reports) and 7 (discussion on the MINDFUL report: individual chapters) were combined. The minutes of the Helsinki meeting were added in the agenda and they were also discussed first. The indicator list was talked through, no suggestions for additions or changes were made.

Juha Lavikainen outlined the current status of MINDFUL. The prolongation of the project until June 15, 2006 had been granted by the European Commission, and the interim report had been accepted. It was stressed that there is a real need to integrate MINDFUL with general EC health systems development and individual projects, such as ECHIM and EUPHIX, and with the Working Party on Health Indicators. The project has been advertised and/or given visibility on many important occasions, so the project has a real chance to influence the future mental health information systems.

The contents and structure of the MINDFUL Report ("**The Book**") were discussed next. Most of the chapter titles were revised to make them match the contents better. The maximum length of the individual chapters was decided to be **5000 words or 15 pages including tables and graphs**. The language style was agreed to be professional. The main audience for "The Book" is meant to be the

decision makers, administrators and professionals in the health and mental health sectors, not purely researchers in the field. First drafts of the chapters must be sent to STAKES at the latest on **May 26, 2006**. The chapters will be edited and the language will be checked in STAKES by Juha Lavikainen and Mark Phillips. The edited texts will then be sent back to writers for a final check.

The partnership projects were all reported to make progress. The belowmentioned are the main points of the discussion, presentations of most of the partnership projects are attached to these minutes.

Seeing that there has been ambiguity and concern of overlap about the work of Agustin Ozamiz and Eva Jane-Llopis, the aims of their work were now clarified. Agustin will concentrate on macro level structural positive mental health indicators, and Eva will work on quality indicators for mental health promotion and prevention. It was agreed that no overlap should occur. Eva also brought out that the work already done in IMHPA (country stories) should be taken advantage of in MINDFUL.

The Leicester group had gone through a number of databases in search for childhood factors in mental illness. Child abuse seems to be the most important factor. Viviane Kovess described the ongoing validation study, which will compare the results of CIDI, SF-36 and CIS-R at x (5?) sites. This will be followed by a pilot survey. She also raised questions concerning some survey methods (Alcohol dependence: CAGE or AUDIT?, suicide attempt: in last 12 months or lifetime?). Heinz Katschnig had tracked the origins of the mental health care utilisation data in eg. New Cronos Database, and found out that the completeness of the data is mostly very poor. It was agreed that use of unreliable statistics is unacceptable. Tanja Kamin had reviewed the data providers in the new EU Member States (also Malta was decided to be included - Juha will contact Ray Xerri about this). Her project will also have new data to be added in the MINDFUL database.

The MINDFUL database was presented next. Since the Helsinki meeting in June 2005, the database now contains much more data and metadata, and the structure has become clearer. The database website will be further developed to be more user-friendly, eg. a reference to the main sources will be added in the lead-in. The partners were asked to 1) check the metadata in the database, 2) check the introductions of their own projects on STAKES website, and 3) send comments/corrections until January 31, 2006 if they have any. The internet address of MINDFUL was considered tricky and too long, so the possibility to get a better address needs to be found out.

Kristian Wahlbeck summed up the most important action points. Below are the essential dates and deadlines in chronological order:

Comments/corrections on metadata and website introductions	2006 / 1 / 31
MINDFUL report a.k.a. The Book first drafts to Stakes	2006 / 5 / 26
Final meeting in Paris	2006 / 6 / 1-2
MINDFUL project finale	2006 / 6 / 15
The Final technical implementation report final versions of the technical reports and the financial statements consolidated report submitted to the EC	2006 / 8 / 1 2006 / 9 / 15

Juha Lavikainen outlined the EC Working Party on Health Indicators meeting and the Commission's Green Paper (need of monitoring Green Paper outcomes), as well as the situation of ECHI (database should be ready until the end of this year) and ECHIM. In the EC Working Party

meeting, it was noticed that MINDFUL was not in the list of European health indicator projects. Thus, it was agreed that MINDFUL and mental health at large should be actively lobbied at all occasions.

Kristian Wahlbeck thanked the Viennese hosts for successful organisation of the meeting and the participants and closed the meeting at 16:00.