



Minutes of the third meeting of the MINDFUL project

10–11 June 2005

STAKES, Lintulahdenkuja 4, 00530 Helsinki

Present:

Ville Lehtinen
 Kristian Wahlbeck
 Ulla Katila-Nurkka
 Antti Tuomi-Nikula
 Marko Ekqvist
 Juha Lavikainen

Tom Fryers
 Eva Jane-Llopis
 Heinz Katschnig
 Viviane Kovess (10 June)
 Agustin Ozamiz
 Tanja Kamin

Apologies:

Jürgen Scheftlein
 Andrej Marusic

1. The participants were welcomed and the meeting was opened by Kristian Wahlbeck and Ville Lehtinen.
2. The preliminary agenda was changed such that the **indicator list** was discussed first. A background paper had been presented by Ville Lehtinen who introduced e.g. the suggested changes that had been contemplated on within the STAKES partnership project during spring. The links to the ECHI lists (short and long) were also discussed.

As a result of a detailed discussion five indicators (optimism; number of child psychiatrists; clinical psychologists; number of inpatient episodes due to mental disorders, minors; national quality accreditations) were suggested to be deleted from the list as there are clearly no data available or the definitions are diffuse.

Furthermore, need for several amendments and changes were brought up in the discussion. For example, indicator nr. 5. "social phobia" was replaced by "any anxiety disorder". Indicator 7, "alcohol dependence" the current "caseness" needs to be checked. In indicator 8, "lifetime occurrence of suicide attempt" it was decided to use the 12 month timeframe as it depicts the actual situation better. As to indicator 12, "psychological impairment" it needs to be checked which version should be used (mean score or cut-off point). With regard to indicators 15 and 16 it was discussed whether both are needed. "Social support" belongs to Agustin's structural indicators and "social isolation" is a policy-relevant indicator. Indicator nr 17 "negative life events" will be further explored by Agustin, Tom and Viviane. The suggestions for a replacement were "disruptive life events" or "threatening life events". In nr 23, the definition was changed into "Number of all discharges from *any* hospital or ward...". Possibilities for maintaining Nr 27, "use of outpatient services" will be checked by Heinz. With regard to nr 34 "sickness compensation periods due to mental disorders" it needs to be decided whether these will be based on money or days,

In the end, it was decided that the list is still flexible as to inclusion of feasible new indicators originating from the partnership projects e.g. from those from Eva or Agustin.

3. Viviane Kovess presented the situation of her **partnership project**. The validation of the survey instruments is underway, but it is likely that it cannot be completed within the present timeframe of the project. In view of this, the need for applying an extension to the project was discussed. Most of the partners do not need an extension but even though, it was decided that a prolongation of three months will be sought for from the Commission.

4. The **MINDFUL database** was presented next. The link to the database will be sent to the partners who will deliver more detailed comments after having had a closer look at the database, Overall, the reception seemed to be rather positive. It was highlighted that the developments in other projects (ECHIM and EUPHIX) as well as those in DG SANCO and Eurostat need to be closely followed.

5. The **interim report** had been sent to the Commission in time and it is being processed by the Commission services. A question concerning the financial report had been already taken care of. If there are no further complications, and taking into consideration the time frames in the grant agreement, the next payment should arrive in STAKES at the latest on 15th of August.

6. The **MINDFUL report** was discussed next. Its present form was introduced for information and feedback. A general discussion of the report, which is intended to be the principal outcome of the project, focused on defining the audience and the means of publication. In this context, the publication plans of the partnership projects were also discussed. The results of the individual projects will be published both in scientific journals as well as on the web. The precise form of the publications will only be defined as the projects proceed further.

The first draft of the MINDFUL report (including 10 pages/partnership project) should be ready in the meeting in Vienna.

It was thoroughly discussed whether the report will be published as a supplement in a journal or as a book. The decision needs to be made later as the contents of the contributions can be judged.

One possibility for the overall structure of the MINDFUL report was outlined in the meeting by Heinz Katschnig (the final acceptance of the structure will, however, be made later in the autumn)

Preamble
 Mental health monitoring
 Individual projects
 1. positive mental health
 2. determinants
 3. promotion and prevention
 4. survey
 5. services
 6. new member states
 Proposal for mental health indicators
 Proposal for mental health information systems
 Implementation
 Future needs
 Conclusions

Common structure for the individual technical reports could be:

- introduction, methodology, descriptive part, analysis, recommendations (answering the questions Why? introduction/background; How? method; What? results; Problems/meaning/what has been answered? discussion; Where to? conclusions and recommendations).

7. The status quo and future plans of the **partnership projects** were presented by the respective leaders (Fryers, Kamin, Ozamiz, Jané-Llopis, Katschnig, Lavikainen). The presentations and equivalent are attached to these minutes.

8. Diversities

- the financial issues (with regard to the timetable of the second payment)

- brief introduction the new INFOMINDED proposal
- next meeting in Vienna 18-19 November (17 November Leicester partner meeting)
- WHO developments: implementing the action plan - lead collaborating centre for mental health information Trimbos; a representative from Trimbos will be invited to MINDFUL meetings (at their own expense)
- final meeting tentatively in Helsinki 5-6 May 2006.

9. Kristian Wahlbeck thanked the participants and closed the meeting at 3 p.m.