

Self-reported use of mental health services

Eurobarometer 58.2. question 46

"In the last 12 months, did you seek help from somebody in respect of a mental health problem? If yes, indicate who in the following list."

| | |
|------------------------------|----|
| No | 1 |
| Yes, a general practitioner | 2 |
| Yes, a chemist | 3 |
| Yes, a psychiatrist | 4 |
| Yes, a psychologist | 5 |
| Yes, a nurse | 6 |
| Yes, a social worker | 7 |
| Yes, other professional help | 8 |
| Yes, other (spontaneous) | 9 |
| Don't know | 10 |