

## Negative life events

### The 12-item list of threatening experiences

"In the following I will inquire about events that may or may not have happened to you during the last **six months**. You may give the answer by simply stating, "yes" or "no" to each item. Have any of the following events or problems happened to you during the last 6 months?"

Life event	YES (=0)	NO (=1)
You yourself suffered a serious illness, injury or assault		
A serious illness, injury or assault happened to a close relative		
Your parent, child or spouse died		
A close family friend or another relative (aunt, cousin, grandparent) died		
You had a separation due to marital difficulties		
You broke off a steady relationship		
You had a serious problem with a close friend, neighbour or relative		
You became unemployed or were seeking work unsuccessfully for more than one month		
You were sacked from your job		
You had a major financial crisis		
You had problems with the police and a court appearance		
Something you valued was stolen or lost		